

Safe space concept

The following overview contains all currently existing classroom and extracurricular offers that are intended to make AvH a safe place for everyone.

Topic	Präventive Strukturen	Intervenierende Strukturen
Constructive conflict management/Social learning	Workshops: Social Skills (K -4) Charity project (ethics) Ferdi and Faustlos Training program (Behavioral training in problem solving strategies for elementary school students) Classroom: Ethics gr. 7: Conflicts and conflict management	AvH: AvH ABAV Action Plan External: Family Resource Centre (for families with children experiencing learning and/or behaviour problems)
Promoting a good classroom climate Mobbing Violence	Workshops: <ul style="list-style-type: none"> • Social skills (K-4) • Cyberbullying (Gr. 8) • Pre-adolescent program on human sexuality and healthy relationships (7/8) • Healthy relationships 101 (9/10) Pink Shirt Day Classroom: IT Gr. 6 Cyberbullying	AvH: AvH ABAV Action Plan ABAV Bullying Report Link AvH school counselor (Kalie Rae: rae@avh.montreal.qc.ca) External: SOS Violence Conjugale (domestic violence): 1-800-363-9010
Addictioin	<ul style="list-style-type: none"> • Substance abuse workshops (Gr 8, 9, 10, 11) 	AvH:



	Classroom: Biology	AvH school counselor (Kalie Rae: rae@avh.montreal.qc.ca) External: CAFE (crise-ado-famille-enfance) (for families with a child 5-17 for immediate crisis intervention) Kids Help Phone : 1-800-668-6868 (24/7 confidential service for youth) Crisis Text Line : text HOME to 741741 in Canada to text for free 24/7 support with a trained crisis counselor 8-1-1: Info Sante and Info Sociale (24/7 information line to direct you to local health services)
Media education	Cyberbullying workshop (gr. 8) Beyond The Screens workshop (gr. 7/8) Classroom: AvH media curriculum Gr. 6 IT Online safety Gr. 6 IT Cyberbullying	AvH: AvH ABAV Action Plan AvH school counselor (Kalie Rae: rae@avh.montreal.qc.ca)
Participation options	Student representatives Class representatives Election of student advisor Class council Parent council Teacher representatives	https://avhmontreal.ca/student-support/



Code of conduct	Schülerkonvolut Schulordnungen DEU 25.08.2023	Agenda / Bulletin boards Introduction by homeroom teacher AvH ABAV Action Plan
Sexualized violence	Preadolescent human sexuality and healthy relationships workshop (Gr. 7/8) Healthy relationships 101 (Gr. 9/10) Classroom: <ul style="list-style-type: none">• Ethics Gr. 8: Friendship, love, sexuality• Gr. 4: Focus on good and bad secrets	AvH: AvH ABAV Action Plan AvH school counselor (Kalie Rae: rae@avh.montreal.gc.ca) External: Sexual Abuse Helpline : 1-888-933-9007
Discrimination	<ul style="list-style-type: none">• Integration of this topic in various subjects• Survey on „Diversity“, evaluation of results and implementation of improvement measures LINK DIVERSITY UMFRAGE	AvH: AvH ABAV Action Plan https://avhmontreal.ca/student-support/ AvH school counselor (Kalie Rae: rae@avh.montreal.gc.ca)
Mental health	Mental health basics workshop (Gr. 7/8) Depression and mental health workshop (Gr.9) Stress & anxiety workshop (Gr. 10) Stress management (Gr. 12) Kalie Rae	AvH: https://avhmontreal.ca/student-support/ AvH school counselor (Kalie Rae: rae@avh.montreal.gc.ca) External: ANEB (eating disorder clinic): 514-630-0907 Youth Resources Handbook - WICRC (connects people in vulnerable situations to community resources)



		<p>Friends for Mental Health/Ami Quebec (support and other resources to those close to a person with a mental health issue)</p> <p>Herzl Adolescent Clinic (medical and counseling support for adolescents who do not have a family doctor or pediatrician): 514-340-8242</p> <p>Suicide Action Montreal: 1-866-277-3553</p>
Complaints management	<ul style="list-style-type: none">• FAQs https://avhmontreal.ca/student-support/• Worry box (for students and teachers)	<ul style="list-style-type: none">• New province-wide procedure issued by the Quebec government in the fall of 2023 regarding complaints management: AvH Ombudsman (followed by <i>regional</i> and <i>national ombudsman</i>) to be contacted by the affected person if she/he is dissatisfied with how the complaint is being handled. <p>LINK OMBUDSMAN</p> <p>Homepage National Students Ombudsman</p>
Diversity	<ul style="list-style-type: none">• Integration of the topic in various subjects• Survey on „Diversity“, evaluation of results and implementation of improvement measures	<p>AvH: AvH ABAV Action Plan</p> <p>AvH school counselor (Kalie Rae: rae@avh.montreal.qc.ca)</p>