

TRAITEUR SAPORITO

Alexander von Humboldt German International School

May 2026

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	04-May	05-May	06-May	07-May	08-May
SOUP	Chicken Rice Soup	Carrot Ginger Soup	Pea Soup	Broccoli Soup	Lentil Soup
CHOICE "A"	Fusilli Pesto & Vegetables	Chicken fajita with corn	Waffles, Sausage & Baked Beans	Italian meatballs, Egg noodles & Vegetables	Homemade Burger with Baked Fries
CHOICE "B"	Pasta with butter	Black bean fajita & garlic bread	Scrambled eggs & Baked Beans	Italian roasted Tofu	Veggie Burger with Baked Fries
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	11-May	12-May	13-May	14-May	15-May
SOUP	Butternut Squash Soup	Beef noodle Soup	Minestrone Soup	Chicken Noodle Soup	Tomato soup
CHOICE "A"	Mac & cheese	General tao chicken, Rice & Vegetables	Shepard pie	Egg rolls, Rice & Vegetables	Chicken fingers & French Fries
CHOICE "B"	Pasta with Olive Oil	General tao Tofu with Vegetables & Rice	Vegetarian shepard pie	Egg rolls, Rice & Vegetables	Veggie fingers & French Fries
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	18-May	19-May	20-May	21-May	22-May
SOUP			Vegetable & Noodle Soup	Broccoli Soup	Chicken Noodle Soup
CHOICE "A"	Victoria Day	Ped Day	Baked rigatoni	Italian Sausage, Roasted Potatoes & Vegetables	Chicken burger & French Fries
CHOICE "B"			Pasta with Olive Oil & Vegetables	Italian roasted Tofu	Veggie fingers & French Fries
WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	25-May	26-May	27-May	28-May	29-May
SOUP	Butternut Squash Soup	Chicken rice Soup	Cauliflower soup	Minestrone Soup	Tomato soup
CHOICE "A"	Lasagna with meatsauce	Pulled chicken, mashed potatoes & Vegetables	Sweet & sour pork with rice & veggies	Beef chili & garlic bread	Pepperoni Pizza & French Fries
CHOICE "B"	Veggie Lasagna	Roasted tofu & Mashed potatoes and veggies	Sweet & sour Tofu with rice & veggies	veggie chili & garlic bread	Cheese Pizza & French Fries